

# LEGACY

## HEALTH & PERFORMANCE

### Sports Medicine Chiropractic | Massage Therapy | Strength & Conditioning

Chiropractic	Registered Massage*	Fascial Stretch Therapy*	Athletic Therapy*
Initial Visit - \$99	30 min - \$48.67	60 min - \$79.65	60 min - \$79.65
15 min - \$35	45 min - \$66.37	90 min - \$115.04	90 min - \$115.04
30 min - \$55	60 min - \$79.65		
45 min - \$79	90 min - \$115.04		
60 min - \$99			
90 min - \$140			*plus HST
<b>Thai Yoga Massage</b>	<b>Private Yoga Instruction</b>	<b>Personal Training</b>	<b>TPI Golf Assessment</b>
60 min - \$65	30 min - \$35	60 min - \$75	60 min - \$85
90 min - \$99	60 min - \$65		Follow Up - \$40
Couples \$110			